



Alden Estates of Skokie: Specializing Exclusively in Short-Term Orthopedic Recovery

The ALDEN Leader

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Special New Facilities Edition

Building with a Vision for the Future: Meeting the Needs, Expectations of Customers Today and Tomorrow

As one of the Midwest's premier providers of health care and rehabilitation services, Alden is continually upgrading its existing facilities, building new ones and expanding into markets that complement its business. New and totally renovated facilities unveiled this year feature luxury, homelike designs and unparalleled amenities and services to delight the most discriminating customers.

"Our strategic plan positions us to meet the needs and expectations of our customers today and into the future," says Alden's Chief Operating Officer Robert J. Molitor. In recent months, Alden has debuted stunning, multi-million dollar restorations of facilities in Skokie and Chicago, as well as opened **Shorewood Horizon**, an independent senior living community in south suburban Shorewood.

Specializing in short-term orthopedic recovery, **Alden Estates of Skokie** Rehabilitation and Health Care Center has been transformed from the average nursing facility Alden acquired in 2009 into a center with a design and amenities that rival those of a first-rate health spa.

Alden Village North Health Facility for Children and Young Adults, a facility on Chicago's far North Side that was acquired in 2008, has undergone an equally comprehensive makeover. The new design, programs and services are specially designed for individuals with developmental disabilities.

Meanwhile, the therapy departments at **Alden Orland Park** and **Alden Lakeland** (Chicago) Rehabilitation and Health Care Centers have been remodeled and offer state-of-the-art therapy equipment and services. And in Fort Atkinson, Wisconsin, Alden assumed day-to-day operations of the subacute unit at Fort Memorial Hospital, now **Alden at Fort HealthCare**.

In fact, Alden is uniquely equipped to handle ongoing, multiple construction projects. Its affiliated construction, design and realty companies are involved in the site selection, planning, design and construction phases of each new undertaking.

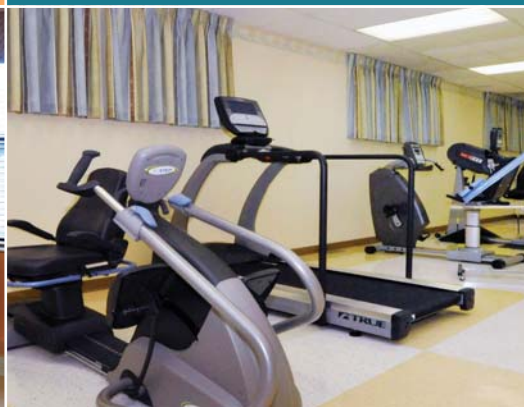
"The people responsible for the quality and overall appeal of Alden's buildings have worked together and specialized in health care construction for years," explains Alden Design Group architect Ray Schultz. "The benefits of this kind of collaboration are obvious from the rave reviews our projects receive from visitors and residents alike."

This year's projects come on the heels of top-to-bottom renovations at **Alden Estates of Barrington**, **Alden Estates of Naperville** and **Alden Wentworth** (Chicago) Rehabilitation and Health Care Centers. Since 2010, Alden has also built a supportive living community in west suburban Bloomingdale and purchased **Alden Estates of Countryside** Rehabilitation and Health Care Center in Jefferson, Wisconsin.

Alden Village North

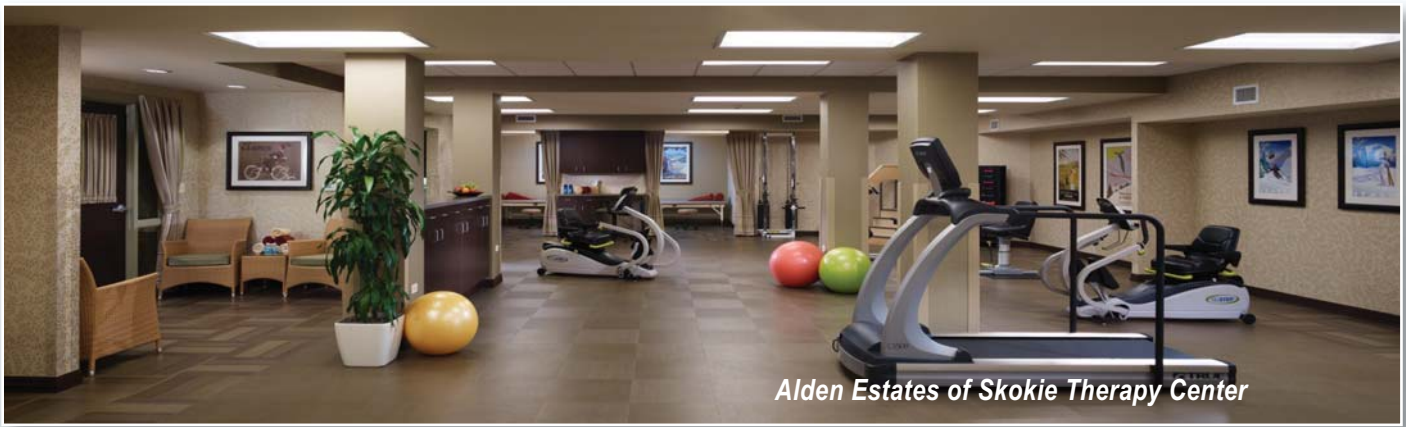


Alden Lakeland



Shorewood Horizon





Alden Estates of Skokie Therapy Center

Alden Estates of Skokie: ‘Experience the Difference’ in Short-Term Orthopedic Recovery

Combining a state-of-the-art therapy program with five-star, private accommodations, **Alden Estates of Skokie** Rehabilitation and Health Care Center sets a new standard for short-term orthopedic recovery on the North Shore.

At its Grand Re-Opening in April, the newly renovated facility showcased a total of 23 private rooms with en suite bathrooms, custom-made furnishings and decor, flat-screen TVs and complimentary WiFi.

“We have all the right ingredients—an aggressive therapy program, a highly skilled team and five-star amenities—to ensure an exceptional rehabilitation experience,” says Administrator Lindsay Broadbent. The goal, she adds, “is to get our guests on their feet and home as quickly and safely as possible.”

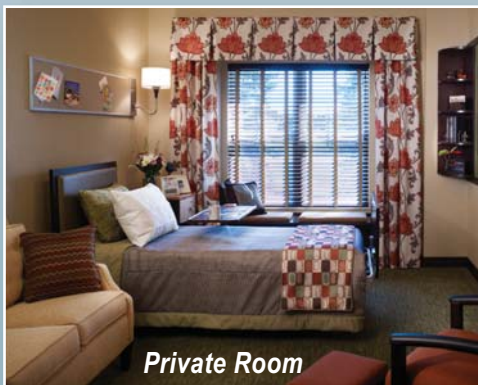
In order to achieve that goal, physical, occupational and speech therapies are offered three times a day in a spacious Therapy Center that is equipped with a recumbent bike, electrotherapy and ultrasound units, a treadmill and other top-of-the-line equipment.

The idea behind the facility’s upscale amenities is the belief that environment plays an important role in recovery. While guests are recuperating from orthopedic surgery, they can enjoy five-star dining, an ice cream parlor and stimulating activities.

Overlooking a golf course, the facility is built around a central courtyard where short-term residents can take a stroll, sit and read a book, or play a game of chess. A built-in salt water fish tank, large aviary, game room and shaded patios help make the recovery experience a pleasant one.

Every employee at Alden Estates of Skokie—from therapists and nurses to housekeepers and chefs—is required to pass a certification course that focuses on orthopedic protocols and plans of care.

“Ever since we opened, we have been receiving extremely positive feedback,” says Broadbent. “Both our short-term residents and their families tell us that we are exceeding their expectations. We think this is due to our exclusive emphasis on orthopedic recovery.”



Private Room



Lounge



Dining Room

Therapy Makeovers at Alden Rehab Centers Feature State-of-the-Art Design

Alden Orland Park and Alden Lakeland Rehabilitation and Health Care Centers hosted ribbon-cuttings this spring to show off newly renovated therapy departments to their respective communities in south suburban Orland Park and on Chicago’s North Side.

At the receptions, local dignitaries toured spacious, state-of-the-art rehabilitation areas with an full array of the latest therapy equipment. Physical, occupational and speech therapies are offered up to two times a day to promote optimal rehabilitation outcomes.

“Our short-term residents are thoroughly enjoying the remodeled therapy areas and new equipment,” says Katie Maniatis, Administrator. “Thanks to the renovation, we are targeting even more aggressive rehab protocols and treatment timeframes.”



Alden Orland Park Therapy Room

Shorewood Horizon: First-Class Amenities and Affordable

More than 100 guests attended a Grand Opening at **Shorewood Horizon** Senior Living Community—Alden's latest affordable residential development for independent seniors.

"We are honored to be a part of the Shorewood community," says Beth Demes, executive director of The Alden Foundation. "The fact that Shorewood Horizon was almost fully leased before we opened is a testament to the need for affordable senior housing in the area."

Located in the south suburbs near Joliet, Shorewood Horizon offers one- and two-bedroom affordable rental apartments with fully equipped kitchens, dining and living areas, emergency call systems and patios with balconies. Shared amenities include a library, a community room, computer lab, exercise room with fitness equipment, lushly landscaped grounds and a billiard/game room.

Currently under construction next to Shorewood Horizon is **Alden Estates of Shorewood** Rehabilitation and Health Care Center, which is scheduled to open in 2012.



Pictured cutting the ribbon at Shorewood Horizon's Grand Opening (from left): Floyd A. Schlossberg, president of The Alden Group; Larry Walsh, Will County Executive; Rick Chapman, mayor of Shorewood; Linda Fulkerson, senior vice president of The Richman Group; Randi Schlossberg-Schullo, president of Alden Realty Services; Joan Carl, president of The Alden Foundation; Beth Demes, executive director of The Alden Foundation; Joseph Baltz, supervisor of Troy Township; and William Malleris (seated), member of the Illinois Housing Development Authority.

Recognizing Employee Excellence

ALDEN SALUTES THE DEDICATION OF ITS EMPLOYEES. THE FOLLOWING EMPLOYEES CELEBRATED 5, 10, 15, 20 AND 25 YEARS OF SERVICE WITH ALDEN DURING THE FIRST HALF OF 2011.

Alden Debes

Rosa Dominguez, 10 yrs
Jessie Evans, 10 yrs
Angeline Jans, 10 yrs
Yvonne Nord-Williams, 10 yrs
Ricarda Ramirez, 10 yrs
Judith Rhodes, 10 yrs
Luis Chavez, 5 yrs
Mariana Martinez, 5 yrs
Elizabeth Thomas, 5 yrs

Alden Des Plaines

Teresita Cambensy, 10 yrs
Leszek Golonka, 10 yrs
Eva Gutierrez, 10 yrs
Valsamma Joseph, 10 yrs
Shahenaaz Mistry, 10 yrs
Hortencia Rangel, 10 yrs
Abigail Vazquez, 10 yrs
Isabel Vazquez, 10 yrs
Malgorzata Walkosz, 10 yrs
Bozena Wiczorek, 10 yrs
Panka Ramachandran, 5 yrs
Jose Urbano, 5 yrs

Alden Courts of Des Plaines

Carla Siron, 5 yrs

Alden Estates of Barrington

Ireen Evangelista, 10 yrs
Donald Glashagel, 5 yrs
Sheila Pios, 5 yrs

Alden Estates of Evanston

Emilio Saintfeliix, 10 yrs
Rosita Drapiza, 5 yrs
Priscila Marcos, 5 yrs

Alden Estates of Naperville

Ofelia Arceo, 25 yrs
Lydia Veguilla, 15 yrs
Norma Pagkalinawan, 10 yrs
Charlie Poznanski, 10 yrs
Jehan Caseres, 5 yrs
Corazon Erickson, 5 yrs
Luz Jabola, 5 yrs
Absalon Mongado, 5 yrs
Valeriana Nuevo, 5 yrs
Maryanne Rosenthal, 5 yrs
Luz Veguilla, 5 yrs

Alden Lakeland

Vanessa Alexander, 15 yrs
Adewale Osimuwa, 15 yrs
Abiodun Agbabiaka, 5 yrs
Brendah Gordon, 5 yrs
Sheriffi Onikeku, 5 yrs
Henry Santos, 5 yrs

Alden Lincoln Park

Enrique Delizo, 15 yrs
Alicia Degillo, 10 yrs
Ernesto Victorino, 5 yrs

Alden Long Grove

Rosa Rodriguez, 10 yrs
Jose Cruz, 5 yrs
Catherine Dulay, 5 yrs
Juan Llanos, 5 yrs

Alden Meadow Park

David Brown, 10 yrs
Christine Hagstrom, 5 yrs
Audrey Mounts, 5 yrs
Amanda Nieuwenhuis, 5 yrs

Sarah Sughroue, 5 yrs

Alden North Shore

Antonette Bestre, 10 yrs
Rosalima Chamnil, 10 yrs
Luzviminda Lopez, 10 yrs
John Ebio, 5 yrs
Feligrenie Escorpizo, 5 yrs
Rafaela Garcia, 5 yrs

Alden Northmoor

Anna Waluszko, 10 yrs
Avis Brock, 5 yrs
Menandro Centeno, 5 yrs
Melody Laurent, 5 yrs

Alden Orland Park

Bautista Alvarez, 10 yrs
Kimberly Chambers, 10 yrs
Tina Maltese, 5 yrs
Katie Maniatis, 5 yrs

Alden Park Strathmoor

Myma Fernando, 10 yrs
Beatrice Oji, 10 yrs
Pedro Cortes, 5 yrs
Lenore Dobbins, 5 yrs

Alden Poplar Creek

Denise Shewchuk, 15 yrs
Irene Williams, 15 yrs
Emma Gomez, 10 yrs
Yadira Martinez, 10 yrs
James Koopmann, 5 yrs
Vina Nacar, 5 yrs
Alina Rojas, 5 yrs
Elzbieta Szeszko, 5 yrs
Vincent Verroya, 5 yrs

Alden Princeton

Maurice Williams, 20 yrs
Carolyn Woods, 15 yrs
Denise Beck, 10 yrs
Delores Jones, 10 yrs
Phyllis Jackson, 5 yrs
Roderick Siwa, 5 yrs
Alden Terrace of McHenry
Connie Petrillo, 10 yrs
Aurora Coliflores, 5 yrs
Jan Simala, 5 yrs
Bonnie Wasilewski, 5 yrs
Julio Meunier, 5 yrs
Alden Town Manor
Ma-Nancy Kaydash, 15 yrs
Luz Chaidez, 10 yrs
Elsa Gonzales, 10 yrs
Javier Zapata-Parada, 5 yrs

Alden Trails

Claudia Brown, 10 yrs

Alden Valley Ridge

Solita Ambayec, 20 yrs
Louise Jones, 20 yrs
Dewana Bishop, 10 yrs
Raul Lumba, 10 yrs
Rommel Macasu, 10 yrs
Benjamin Moran-Padilla, 5 yrs

Alden Village

Ana Maria Garcia, 10 yrs
Yvonne Harris, 10 yrs
Yergalem Araia, 5 yrs
Maria Botello, 5 yrs
Jayzel Egargue, 5 yrs

Mayra Garcia, 5 yrs

Amanda Montgomery, 5 yrs

Alden Village North

Amy Amicks, 5 yrs

Alden Gardens of Waterford

Artemia Romero, 5 yrs

Alden of Waterford

Guillermo Daguro, 5 yrs

Neil Daguro, 5 yrs

Aurora Coliflores, 5 yrs

Alejandro Herrera, 5 yrs

Alden Wentworth

Cathy Banks, 20 yrs

Nancy Smith, 20 yrs

Sharon Hudson, 10 yrs

Cynthia Osaro, 10 yrs

Torris Cochran, 5 yrs

Debbie Garner, 5 yrs

Heather Health Care

Balynda Allen, 5 yrs

Jennifer Martinez, 5 yrs

Alden Bennett

Philip Rizzo, 5 yrs

AMS

Lauren Magnusson, 20 yrs

Ebenezer Tipay, 10 yrs

Ila Patel, 10 yrs

Susan Kroll, 10 yrs

M. Houston-Stankiewicz, 10 yrs

Maria Blumenberg, 10 yrs

John Avelino, 10 yrs

Sigfredo Velez, 5 yrs

Yesenia Aquino, 5 yrs

Alden Village North: Addressing Residents' Needs, Comfort and Safety



Experience the Difference

Orthopedic Rehabilitation
Neurological Rehabilitation
Cardiac Rehabilitation
Skilled Nursing
Alzheimer's Care
Respiratory Services
Ventilator Care
Respite/Vacation Care
Assisted Living
Senior Living
Hospice Care

Mission Statement:

To be the best residential and long-term care provider for our customers

**Located throughout
Chicago and the suburbs,
Rockford and
southern Wisconsin**

23 Rehabilitation & Health Care Centers
 2 Memory Care Centers
 4 Assisted Living Communities
 6 Special Needs Facilities
 8 Senior Living Communities

Residents of **Alden Village North** Health Facility for Children and Young Adults are taking pleasure in the top-to-bottom renovation of their home on Chicago's far North Side.

After gutting the entire facility, which serves individuals with developmental disabilities, "we've spent the past year creating a new, pleasant and homelike environment for the residents," says Chief Operating Officer Robert J. Molitor.

The renovation features larger bedrooms, spacious bathing areas, and new classrooms and activity spaces. Other additions include flat-screen TVs mounted on walls in activity areas and a high-tech alarm system that enables staff to respond quickly to residents' needs.

Currently under development is a state-of-the-art sensory room that will stimulate various senses using lighting effects, sounds and textures.

"The renovation and everything else we've done at Alden Village North in the past year—from the physical redesign to changes in programming and staffing—is meant to enhance our residents' quality of life and assist them in developing to their fullest potential," Molitor explains.



Residents, Staff Inspire 'Knock, Knock' Sculpture

Chicago artist Robert Fields drew his inspiration for the low relief sculpture that is displayed in the lobby of **Alden Village North** from observing the warm interaction between the facility's residents and their caregivers.

"I visited the facility one morning when many of the residents were in the lobby, waiting for assistance to get on the school buses," says Fields, who is a board member of the Rogers Park Business Alliance and lives near the facility. "What impressed me," he adds, "was the wonderful way in which these young people came to life as the staff interacted with them."



Robert Fields 'knocks' on the lobby sculpture that was inspired by residents and staff at Alden Village North.

It was the rapport between Alden Village North's residents and the staff who care for them that inspired the wall sculpture that Fields titled 'Knock, Knock ... I'm Here.'

"When I work on a piece, it talks to me," explains Fields, who majored in design and sculpture at the Art Institute of Chicago. "This particular piece says: There is a soul in all of us, whether we can verbalize or not, and all the soul needs is for someone to bring out its potential."

As with many of Fields' abstract sculptures that are exhibited in public buildings, the piece he created for Alden Village North is made of wood that is recycled from urban houses and parks. The soft, earth tones of the piece complement the facility's new color scheme.



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